

## ANNUAL REPORT OVA Autisme Suisse

Association Objectif Vaincre l'Autisme



# Letter from the President

#### Dear friends,

In March 2022, the Federal Social Insurance Office (OFAS) published its final report on the project to develop intensive early intervention (IPI) financing. We welcomed it as a positive first step towards the establishment of genuine intensive care in Switzerland, which will make it possible to begin to catch up with the huge backlog we have accumulated in this area. Nevertheless, we still are very far from an access to intensive, scientifically effective behavioral care for all children with ASD just diagnosed...

OFAS report is available at:

www.bsv.admin.ch/bsv/fr/home/suche.html#Projet%20IPI



Indeed, 20% of the funding will be provided by the health insurance and 80% by the canton; IPI is now considered an educational intervention. However, the model would only apply to public institutions and with the ESDM program (a type of early intensive intervention for children with ASD under 4 years of age, not applicable to older children).

Also, we are in an absolute paradox: while Switzerland lacks trained and experienced staff and facilities, a private, non-profit and with a charitable statute setting like ours, is not considered even if we have ABA and ESDM qualified staff and 19 years of experience in early intensive intervention; helping all children with ASD and not just some!

Let's talk about the serious lack of placement possibilities for people with autism in Switzerland. At a recent meeting with autism stakeholders in Canton of Vaud, I expressed on behalf of OVA, my dismay at the countless phone calls we receive from desperate families who, after being diagnosed, receive no help nor solution for their child. Other institutions that also welcome families make the same observation. We keep hearing the same pretexts: "...Budgets dedicated to disability decrease... We want to favor integration into ordinary classrooms (with untrained staff and most autistic children require specialized support in a special autism class) ...There is simply no more space... In addition, these children are too old to be in ESDM programs...

More than ever, OVA continues its mission of caring for all autistic children and continues its parent and professional trainings. In a new development, autism and ABA training was provided to the Association des crèches du Canton de Vaud. Also noted; after 2 years of work, a Master in ABA (Applied Behavior Analysis) was developed in collaboration with the school ESM Geneva and the professional association ABA Switzerland. It is the very first in Switzerland, feasible while being employed and certifying.

At the same time, we modernize our center in Gland, switched to a "low energy consumption" mode, renewed the computer park, managed a hacker attack on our accounting system, and getting ready to launch a new website. Finally, we are increasing our presence, network and activity on social medias...

I thank all the donors, foundations, companies, partners who supported us this year. Soon, OVA will celebrate its 20th anniversary and your support is still needed! While the OFAS report can be seen as a first step that needs to be implemented, we are a long way from accessible early intensive intervention in Switzerland. In this context, our role remains necessary.

#### **Benedicte Lucas Eissa**



## Summary

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We provide ABA / ESDM care for children with autism spectrum disorder (ASD) and train caregivers and professionals.

Our goal is to improve abilities, autonomy and socialization of children with ASD, in order to promote their inclusion.

In 19 years, our non-profit association with a charitable statute has already supported almost 300 children.

## Understanding

Autistic disorder is a disability that is part of autism spectrum disorder.

Named ASD.

1% of children worldwide are diagnosed with autism spectrum disorders.

In ASD, difficulties in social behaviors and the development of relationships with others have been observed.

There is also sensory hyper/hyposensitivity, language and mean of communication delays. Interests are restricted and behaviours are repetitive.



## Understanding

**ABA** teaches all types of skills (expressive and receptive communication, imitation skills, social skills, motor skills, autonomy, grooming, etc.). Difficulties are analyzed in order to set up meaningful individual learning programs.



**ESDM** is the only intervention method for very young children (less than 4 years old) with ASD, which has been validated in randomized controlled clinical trials. It is a relational, developmental and behavioral intervention, focused on play. Child preferences are considered during teaching using techniques from the science of applied behaviour analysis (ABA) in the child's natural environment.

## **Feeling**

"It was difficult for me to be helpless in front of my son. I felt helpless, a spectator of his difficulties. So it was a relief when an OVA takeover began. My husband and I were able to benefit from parental guidance sessions. We were able to observe the therapists working and learning alongside them. Monthly meetings with the supervisor allow us to take stock of our son's program and development. I felt like I was no longer suffering the situation but having tools to get back into action to help my son. I had read different books on autism, different methods but no book could offer my son a tailor-made and adapted program as the care does OVA... »

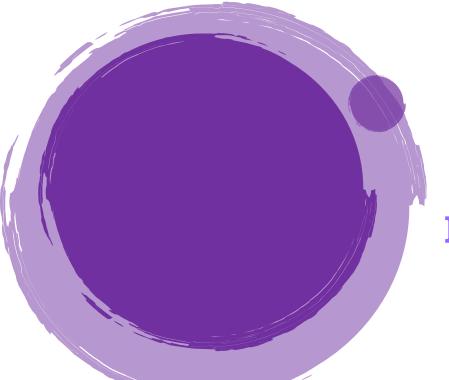
"As the mother of an autistic son, I struggle to explain to others how complicated and delicate life has become for me and our family. Our son is a special being in our little world... »

# Discovering

Autism is another way of looking at the world, it's not a disease.

A universe with increased sensory sensitivity, specific interests, difficulties in social interactions, a misunderstanding of the second degree.

# Another way to feel the world



## **Discovering**

Autistan, dear to Josef Schovanec, imaginary country of a real community, brings together unique beings with their interests and emotions. Their personality is not reduced to their disorder ranging from mild to very severe. They see things differently in a so-called neurotypical world that still has difficulty understanding them. The difference is a richness!



Photograph by Thierry Dana

"C. (4 and a half years old) is a mischievous and energetic little girl who does not hesitate to offer beautiful smiles in abundance. She likes bouncing balls and when she throws them, she hops around laughing. A small activity for a great joy. »

Mégane

# Audit report 2022



#### RAPPORT DE L'ORGANE DE REVISION SUR LE CONTRÔLE RESTREINT

A l'Assemblée générale de L'Association Objectif Vaincre l'Autisme, Gland

En notre qualité d'organe de révision, nous avons contrôlé les comptes annuels de l'Association Objectif Valncre l'Autisme pour l'exercice arrêté au 31 décembre 2022.

La responsabilité de l'établissement des comptes annuels incombe au Comité de l'Association alors que notre mission consiste à contrôler ces comptes. Nous attestons que nous remplissons les exigences légales d'agrément et d'indépendance.

Notre contrôle a été effectué selon la Norme suisse relative au contrôle restreint. Cette norme requiert de planifier et de réaliser le contrôle de manière telle que des anomalies significatives dans les comptes annuels puissent être constatées. Un contrôle restreint englobe principalement des auditions, des opérations de contrôle analytiques ainsi que des vérifications détaillées appropriées des documents disponibles dans l'entreprise contrôle. En revanche, des vérifications des flux d'exploitation et du système de contrôle interne ainsi que des auditions et d'autres opérations de contrôle destinées à détecter des fraudes, ou d'autres violations de la loi, ne font pas partie de ce contrôle.

Lors de notre contrôle, nous n'avons pas rencontré d'élément nous permettant de conclure que les comptes annuels arrêtés au 31 décembre 2022 ne sont pas conformes à la loi suisse et aux statuts.

A&A FIDU NYON SA

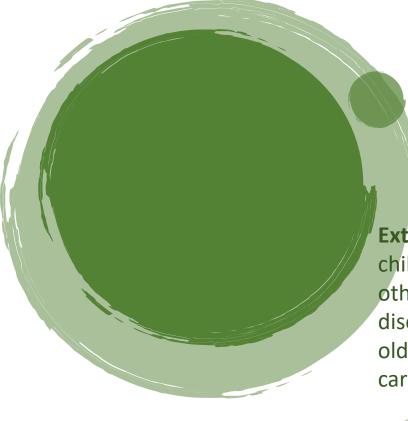
Annunziata Viret Expert-réviseur agréée Réviseur responsable

Le 15 février 2023

Annexes: - Comptes annuels (bilan, compte de profits et pertes et annexe)

A&A Fidu Nyon SA Chemin du Midi 8, 1260 Nyon 022 365 51 60 / info@fidu-nyon.ch





## Our fields of activity

**Extracurricular care** for children with autistic and other developmental disorders, from 2 to 8 years old at the beginning of their care.

**Parental guidance** led by qualified professionals to train/inform parents.



Supervision and consultations for good practices

for good practices implementations, intra and extramural in French and English.

Awareness and advanced ABA training led by our psychologists BCBA certified



Professional Crisis
Management (PCMA) training
for people with disabilities.

And also...



# Formation: Master ABA analyse appliquée du comportement association ova autisme o







## A Master degree in ABA

Recipe to compensate the lack of facilities and the lack of professionals / experts in ASD:

Associate a school that has 35 years of experience in higher education, an association active since 19 years in autism and a group of 50 ABA professionals.

Build a 2-year curriculum according to BCBA standards.

Add some management, social project and business administration modules.

You get qualified professionals specialized in autism support, who also have the tools to manage or develop departments and new facilities.

## Meetings...

## Life in the center



Jean Claude Charrière is the Director of the ESM. In January 2022, OVA discussed the need to launch a Master degree in ABA taking into account the gaps in autism care. In March of that same year, his entire team was at work to begin this project.





Myriam and Marc André Repond venture beyond the slopes. Between two expeditions, they come to lend a hand to OVA.



Adventurous journalist, winner in 1981 of the show "La course autour du monde", humanist photographer whose lens captures emotions and life stories, Thierry Dana put his talent at the service of OVA.



Artistic director, Chiara Cavataio has kept this passion for graphic design. With a precise line and an overflowing imagination, she creates sensitive and rich illustrations, reflecting her personality. Chiara offers her perception of a universe; that of autism.



Marketing manager in the banking field, Antonio Di Florio launched, with some companions, the movement "Tous unis pour l'enfance" of which he is the president. They invited OVA to participate to the week for children in French-speaking Switzerland.



Journalist at RADIO TELEVISION SUISSE for 22 years, including nine years as a co-producer of "Faut pas croire", Emmanuel Tagnard invited OVA to the Geneva Reading Society, which received Josef Schovanec, ambassador of Autistan, for a conference. On the same day Josef agreed to become ABA master degree sponsor.



Gilles Regad; he's an altruistic Geek. Met at the ESM, he agreed to put his skills at the service of OVA to build a new website; convincing the DIGIVORES team to join him; agency in which he is one of the partners.



Eric Boissard is a financial advisor and member of the board in various foundations. He contacted OVA spontaneously to offer help.

### Medias...



#### My child is autistic

Sevan Pearson, journalist at LA LIBERTE in Fribourg, takes stock of the situation in Switzerland, gives the floor to OVA and communicates on the launch of the ABA Master degree.

19 February 2022



## Better management of autism

Florian Gatignon signs an article in the TRIBUNE DE GENEVE on the ABA Master degree.
May 13, 2022



#### Happy Hour 4PM-8PM

As part of the week for children, organized by "Tous Unis pour l'Enfance", Jade received OVA... Childhood is the universe of possibilities.

November 22, 2022

# Life in the center



## Autism and Business School

OVA communicated in the newspaper 24H on the inclusive action of the ESM Business School March 4, 2022



Autism: A dedicated training is born
Jérémy Seydoux, news presenter on Leman Bleu
TV received OVA
May 12, 2022



# Life in the center

A new website is being designed with the help of Les Digivores agency



"Si le combat historique des associations dans le domaine de la différence est celui de la formation, le Master est une aventure humaine avant tout. Une exploration des rivages du pays de la pluralité humaine dont on devient vite addict. Après tout, quel autre domaine peut nous procurer, jour après jour, autant de découvertes et de joie? Bienvenue dans cette transhumance, bienvenue au Master."

Josef Schovanec, philosophe, écrivain & parrain du Master

January 26<sup>th</sup>, 2023, a conference in Gland with Josef Schovanec: Autism is a world that is part of biodiversity



For the first time in Frenchspeaking Switzerland, a children's week is organized. Thank you to "Tous Unis pour l'Enfance" for joining us in the event.



An ABA Master degree in partnership with ESM and ABA Switzerland



Ferring Pharmaceuticals offers a new support room to OVA



We increase our presence and activity on social networks (Instagram, Facebook, LinkedIn, You Tube channel) to be closer to you.



# Life in the center

















































Moments of life...by Thierry Dana



## Life in the center



Charlotte Escané, psychologist and FSP BCBA, who has just been a mother for the 2nd time, trainer and clinical supervisor in ABA animates our social networks. She also became an ABA referent for the Master degree.



Marta Chevalier has 14 years of experience in ABA. Certified RBT and

PCM, she now holds

position

clinical assistant.

of

BCBA psychologist, and ESDM certified is appointed clinical supervisor of the center.



the

# Actions Eco-citizens...

## Life in the center



The values of sustainable development, including environmental protection and resource management, are important to OVA Autism Switzerland. For many years, OVA no longer prints activity reports and Strives to reduce its paper consumption. The team organizes carpooling to reduce its carbon footprint. This year, another step has been taken: Saving energy and Water. Indeed, water savers and energy-saving LED bulbs have been installed in the centre. Equipment that used to remain on standby due to bad habits is now turned off every night.

"It is meeting the needs of the present without compromising the ability of future generations to meet their own needs".



The child we are will define the adult we will become. All united, we will build a strong and united network with a single common goal - our children and families well-being!



"Méli Mélo and Zarbouille from the Theodora Foundation are eagerly awaited every month by the children of the OVA association".

Journal de Gland, November 2022

GLAND CITÉ JOURNAL DE L'AEGR - Nº 147 - NOVEMBRE 2022

### Méli Mélo amuse et tourbillonne

#### GENS D'ICI

Artiste au sein de la Fondation Théodora, Nathalie Dubath fait sourire les enfants de l'association glandoise OVA autisme.

Méli Mélo est une Madame Réves: un jour par mois, elle est «surprise attendue et anusante» pour les enfants de l'association OVA autisme, à Gland. En compagnie de Zarbouille, Madame Réves elle aussi, et avec la complicité sans faille du personnel de l'institution, elle crée petit à petit un lien avec ces petits et adolescents qui ont une autre façon d'être à la réalités. Méli Mélio, Nathalie Dubath, est artiste au sein de la Fondation Théodora qui offre sourire et réve aux enfants hospitalisés et en institutions.

«Faire sourire un enfant autiste? Vous n'y pensez pas...», assénait un pédopsychiatre il y une vingtaine d'années, avant que com-mence « Monsieur et Madame Rêves», le programme de Théodora destiné aux enfants en situation de handicap. Méli Mélo y a pensé, elle y est arrivée. Non seulement, ils sourient, mais ils chantent, dansent et font la fête. «Il faut du temps pour gagner leur confiance, pour qu'ils comprennent que nous ne sommes pas là pour les bousculer, mais pour les aider à se dépasser, à faire des choses qu'ils ne feraient pas forcément.» Et les enfants dessinent, font des matchs de bulles de savon, des acrobaties, se drapent dans des tissus soyeux... «Quand ces activités leur plaisent, c'est génial. C'est toujours une surprise de les voir faire!» Ce sont aussi des moments de partage uniques, intenses, chargés d'émotions.

Nathalle Dubath, la cinquantaine, est un vrai fourbillon. Enfant déjà, elle ne tenait pas en place. Faire le pitre a toujours été une deuxième nature chez elle. Lorsque son père, malade, est décédé, elle avait 11 ans. « l'étais le clown de ma mère «, sa bulle de joje dans les évreuves.

Depuis son adolescence, Méli Mélo enchaîne cours de danses contemporaine et indienne, partage ces passions avec des enfants du côté de Lausanne, termine un apprentissage. Elle part à Paris où elle intègre l'école de théâtre de Jacques Lecoq. Puis vies d'artiste et privée s'entremélant, la jeune femme au premise, enfant, elle a 24 ans. De retour en Suisse, elle multiplie les activités de danse, de théâtre, d'animations pour les plus jeunes. Un jour de 1995, elle découvre la Fondation Théodora: «Cool. Pai téléphoné, participe à un week end de formation et, ni une ni deux, me suis retrouvée au CHUV avec une tête de cheval fixée sur un bâton. Je galopais partoutl » s'amuse t elle. Elle se souvient aussi d'une mémorable bataille de pelures de mandarines. Au fil du temps, elle a suivi de nombreuses formations, médicales et artistiques, au sein de Théodora.

Aujourd'hui, Nathalie Dubath, qui a trois enfants, s'éclate dans son rôle de grandmère. Insatiable, elle s'est lancée dans l'hypnose contemporaine. Elle accueille déjà ses premiers patients; tout en continuant son activité à la Fondation Théodora et à Giand. Out!

Léa Pratt lea-go@aegr.ch

Méli Mélo, un vrai bougillon!





**ESM Geneva and ABA Switzerland** teamed up with **OVA** to meet the needs of professionals trained in Switzerland. After a 2 years master program, graduates will have the necessary skills to support people with ASD and abilities to build new specialized facilities.

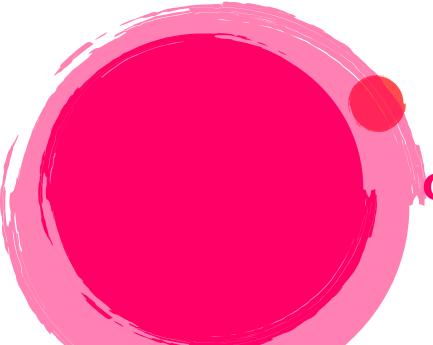




FERRING
PHARMACEUTICAL is our oldest partner. The donation committee currently helps
OVA to rehabilitate a room for children with ASD support.



PRODATA Group delegated Kevin to renew our IT park; the old one being very tired...





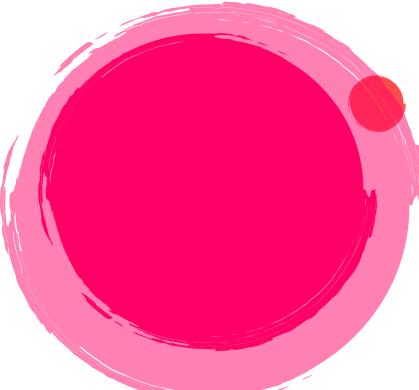
Created in 2019 and based in Geneva, Pierre & Andrée Haas Foundation, as of the couple wish, encourages and supports charitable projects and organizations. The Foundation ensures that each donation contributes to the improvement of living conditions and social dynamics.



In 2004, Natalia Vodianova, an international actress and model, founded **Naked Heart Foundation** whose mission is to help build an inclusive society for people with disabilities and special needs.



Sandoz Family Philanthropic Foundation is committed to projects or institutions contributing to society development in Switzerland and abroad. The areas supported cover culture, training, social, health, environmental protection, and humanitarian.





**Denogent Company** has more than one hundred and fifty employees and includes departments specialized in all areas necessary for gardening. Its teams take care of OVA center outdoor where children have a lot of fun.



Non-profit club with social actions, the **Rotary Club Nyon-La Côte** was founded in 1981. It is a mixed club with more than 80 members. The Rotarians of Nyon la Côte are loyal friends, who have been supporting us for many years. Organizing many actions to help others, they never fail in their motto: "Serve first".



Les Digivores is "the agency for connected humans". They are in charge of OVA's new website.



Donations remain essential and we thank private donors, companies, foundations, clubs, partners, volunteers, charity event organizers for their support. Our ethics are based on the principles transparency, rigor and management controlled by an external body. Our values are based integrity, solidarity and professionalism.

Very warmly

The OVA Team

Thank you.



Association OVA Autisme
13 Avenue du Mont Blanc
CH-1196 GLAND

Tel. 022.360.03.49 info@ovassociation.com





www.ovassociation.com

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