

SEMINAR AUTISM & ABA

Saturday 30 et Sunday 31 may 2020 9h-16h30

June Groden, Ph.D – Cooper Woodard, PhD,BCBA – Leslie Weidenman, PhD, BCBA-D

Behavioral approaches to stress and coping in autism: Pathways to happiness for all persons on the Spectrum.

June Groden, Ph.D. Dr. Groden was cofounder and co-executive director of the Groden Center in Providence, Rhode Island for 40 years, an educational and treatment facility, which serves children and adults with autism and other developmental disabilities. She holds a Ph.D. and M.A. degree in psychology, a M.Ed. in education, and a B.S. in business administration. Dr. Groden serves on the clinical faculty at the University of Rhode Island and Salve Regina, is a Fellow of the American Psychotherapy Association, and is on the Panel of Professional Advisors of the Autism Society of America. Dr. Groden has adapted stress reduction procedures such as relaxation and imagery-based picture rehearsal for special populations. She is the co-author of Relaxation: A



Leslie E. Weidenman, Ph.D., BCBA-D, Leslie Weidenman, Ph.D., BCBA-D, has been a clinical director at the Groden Center since 1984. She earned her M.S. and Ph.D. degrees in Psychology at the University of Massachusetts. Prior to joining the staff at the Groden Center, Dr. Weidenman directed the Early Intervention Program for infants and toddlers at the J. Arthur Trudeau Memorial Center and was a psychologist on the early intervention team at Rhode Island Hospital. During her years at the Groden Center, she has served as a consultant to local school systems in Rhode Island where she is licensed to practice as a psychologist, school psychologist, and behavior analyst. She has co-authored a number of publications including a chapter on

Optimism in Groden, Kantor, Woodard and Lipsett's volume *How Everyone on the Autism Spectrum Young and Old can... become Resilient, be More Optimisitic, emjoy Humor, be Kind and increase Self-efficacy,* a chapter in Handleman and Harris' book, *Preschool Education Programs for Children with Autism,* and the book *The Special Child, A Source Book for Parents of Children with Developmental Disabilities, Second Edition*by Pueschel, Scola, Weidenman and Bernier.

Cooper R. Woodard, PhD, BCBAis a psychologist and behavior analyst who has been working in the field of autism and developmental disabilities for 25 years. He came to work at the Groden Center in 2002, and is currently the Chief Clinical Officer for the network of Groden programs. In addition to this clinical work at Groden, Dr. Woodard has conducted research and published in a number of areas including the application of positive psychology concepts to persons with autism, the treatment of repetitive behaviors in persons with autism, the use of Dextromethorphan as a treatment of behavioral symptoms associated with autism, stress and autism, and sensory sensitivity in autism. Recently, he created and published the only scale that currently exists



that assesses positive character strengths in persons with developmental disabilities (ASPeCT-DD). He has co-authored chapters and books on positive psychology in autism, as well as the role of stress and anxiety in persons with autism and severe disabilities. He is a past visiting professor at Wheaton College and the University of Rhode Island, where he taught classes on applied behavior analysis.

This seminar is designed for parents, professionals, teachers and caregivers of individuals with autism Seminar in English with consecutive French translation





Place	Program /Registration – 30 & 31 may 2020				
Bowling Hotel Rue des Fléchères 3 1274 Signy-Avenex/ Suisse	Registration	Saturday and Sunday from 8h30 to 9h	Lunch break	12h30 - 13h30	
	Session 1	9h to 10h30	Session 3	13h30 – 15h00	
	Break	10h30 – 10h45	Break	15hoo – 15h15	
	Session 2	10h45 – 12h30	Session 4	15h15 – 16h30	

Description	Objectives
Using a behavioral framework, this workshop will discuss stress reduction and self-control procedures that can be used effectively for individuals with autism and other developmental disabilities. Topics discussed will include relaxation, cognitive picture rehearsal (an imagery-based procedure), positive psychology concepts, mindfulness, Acceptance and Commitment Therapy and other effective strategies. The workshop will include power point presentations and handouts, demonstrations of techniques, videos, and audience participation.	 During the 2-day workshop, participants will learn to: Operationalize the term self-control and explain the rationale for teaching it to individuals with an Autism Spectrum Disorder. Assess stressors and positive characteristic traits for individuals with ASD and other developmental disabilities Implement the relaxation protocol Develop and utilize cognitive picture rehearsal to address stressors for individuals with ASD Utilize strategies to promote positive psychology concepts such as optimism and resilience Use self-control procedures for children and adults at all levels of ability.

REGISTRATION FORM

Return the form before 30 april 2020

Seminar 30 & 31 may 2020

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Last Name: First Name :			Address:
Professionals, teachers, parents (non OVA Suisse), caregivers	290 CHF	<mark>264 €</mark>	Zip code: City: Country:
ABA Switzerland Members, Associations, Fondations	261 CHF	<mark>237 €</mark>	
Students	145 CHE	<mark>132 €</mark>	

Fees include access to the workshop, electronic version of presentation, coffee breaks and water. Lunch break is on your own

*** LIMITED NUMBER OF PARTICIPANTS ***

Please complete and return this form at :	You will receive a receipt once OVA receive the payment. It will be the confirmation of your registration
Association OVA,	Cancellation conditions : No reimbursement will be possible for cancellation after April
13 Avenue du Mont Blanc,	30 2020
1196 Gland, Suisse or at	The organizer reserves the right to cancel the seminar in case of insufficient
formation@ovassociation.com	participation. In case of cancellation, only the cost of the seminar will be reimbursed.



Mean of payment before April 30, 2020 (No payment accepted during the seminar)

 In Euros : by cheque at OVA Association to be sent at the address above Or with a bank transfer :

 Crédit Agricole Centre-Est
 IBAN : FR7617806004806223894341363
 BIC/SWIFT AGRIFRPP878
 Bénéficiaire : Association Objectif Vaincre l'Autisme

 In Swiss Francs with a bank transfer :

 Banque Cantonale de Genève
 Compte No: 5021.42.31

Clearing number: 788 IBAN: CH2700788000050214231 SWIFT: BIC/SWIFT BCGECHGGXXX Bénéficiaire: Association Objectif Vaincre l'Autisme

CEUs (BCBA, BCaBA) in collaboration with :

